

Warning Signs of Abuse

If you recognize some of these warning signs, it may be time to take action:

He puts her down	She may be apologetic and makes excuses for his behaviour or becomes aggressive and angry
He does all the talking and dominates the conversation	She is nervous about talking when he's there
He tries to suggest he is the victim and acts depressed	She seems to be sick more often and misses work
He tries to keep her away from you	She tries to cover her bruises
He acts as if he owns her	She makes excuses at the last minute about why she can't meet you or she tries to avoid you on the street.
He lies to make himself look good or exaggerates his good qualities	She seems sad, lonely, withdrawn and is afraid
He acts like he is superior and of more value than others in his home	She uses more drugs or alcohol to cope